

Sandostatín®

Composition

Active substance: Octreotide (as octreotide acetate).

Excipients: 1 ml ampoules: Lactic acid, mannitol, water for injections to 1 ml
5 ml vials: Lactic acid, mannitol, 5 mg phenol as preservative, water for injections to 1 ml

Pharmaceutical form and quantity of active substance per unit

1 ml ampoules containing 0.05 mg/ml, 0.1 mg/ml or 0.5 mg/ml
5 ml vial containing 0.2 mg/ml
See also Sandostatín LAR (long-term treatment of acromegaly).

Indications/Potential uses

- Acromegaly*
Symptom control and reduction of plasma levels of growth hormone (GH) and insulin-like growth factor 1 (IGF-1) in acromegalic patients who have failed to respond to surgery or radiotherapy, are unable or unwilling to undergo surgery or are in the latency period before radiotherapy becomes fully effective.
- Relief of signs and symptoms of functional gastroenteropancreatic (GEP) endocrine tumours*

Efficacy has been adequately documented in these indications:

- Carcinoid tumours with features of the carcinoid syndrome*
- ViPoma (VIP: Vasoactive Intestinal Peptide)*
- Glucagonomas*

Sandostatín shows efficacy in about 50% of cases (limited number of patients treated thus far) in these indications:

- Gastrinomas/Zollinger-Elison syndrome (usually in conjunction with proton pump inhibitors or H₂-antagonist therapy)*
- Insulinomas (for pre-operative prevention of hypoglycaemia and for maintenance therapy)*
- GRFomas (GRF: growth-hormone-releasing factor)*

Sandostatín often brings about improvement in symptoms, but does not cure the underlying disease, in these conditions.

- Prevention of complications following pancreatic surgery*
- Emergency treatment of bleeding gastro-oesophageal varices secondary to cirrhosis in combination with specific therapy such as endoscopic sclerotherapy*

Dosage/Administration

· *Acromegaly*

Initial dose of 0.05 to 0.1 mg every 8 hours by s.c. injection. The dose should be adjusted based on monthly assessment of its effects on levels of circulating GH and IGF-1 (target: GH < 2.5 ng/ml; IGF-1 in normal range), clinical symptoms and tolerability. In most patients, the optimum daily dose is 0.2 to 0.3 mg. IGF-1 and/or GH should be measured every 6 months in patients who continue to receive the same dose.

A maximum daily dose of 1.5 mg should not be exceeded. After several months of treatment, with monitoring of plasma GH levels, dose reduction may be considered.

If there is no appreciable reduction in IGF-1 and/or GH levels and no clinical response by the end of one month of treatment with Sandostatín, discontinuation of treatment should be considered.

- Gastroenteropancreatic endocrine tumours*
The starting dose is 0.05 mg once or twice daily s.c. The dose may be gradually increased to 0.2 mg three times daily, with tolerability and therapeutic efficacy (improvement in symptoms, reduction in elevated levels of tumour-produced hormones) being taken into account. Higher doses may be required in exceptional cases. The maintenance dosage requires individual titration. It is recommended that treatment be discontinued after one week if there is a lack of therapeutic efficacy.

- Complications following pancreatic surgery*
0.1 mg three times daily s.c. on 7 successive days, the first dose being administered on the day of the operation at least one hour before the start of surgery.

- Bleeding gastro-oesophageal varices*
0.025 mg/hour, given as a continuous i.v. infusion for a maximum of 5 days. Sandostatín may be diluted with physiological saline (see also "Instructions for administration by i.v. infusion" under "Other Information").

Special dosage instructions

Elderly patients: Results of a small-scale, single-dose study in elderly subjects show no need for any special dosage in elderly patients at the start of treatment with Sandostatín.

Children: Experience with octreotide in children is limited.

Hepatic impairment: The half-life of the product may be longer in patients with liver cirrhosis and may necessitate a change in the maintenance dose. Sandostatín was well tolerated when administered by continuous i.v. infusion at doses up to 0.050 mg/hour over a period of 5 days to cirrhotic patients with bleeding gastro-oesophageal varices.

Renal impairment: Renal impairment had no effect on total exposure (AUC) to subcutaneously administered octreotide and it is therefore not necessary to adjust the dose of Sandostatín.

Use: See also the detailed instructions for use under "Other information".

Note: Patients who are to self-administer the drug by s.c. injection must receive precise instructions from the physician or healthcare professional (see "Other information"). It is recommended that the solution for injection be allowed to reach room temperature prior to administration so that injection site pain can be avoided as much as possible. Repeated injection at short intervals at the same site should be avoided. To prevent contamination of the vial, the rubber cap should not be punctured more than ten times.

Contraindications

Known hypersensitivity to octreotide or to any of the excipients.

Warnings and precautions

General

GH-secreting pituitary tumours may expand, causing serious complications (e.g. restriction of the visual field) and patients must therefore be closely monitored. If evidence of tumour expansion is detected, alternative treatment methods should be considered. The therapeutic benefits of a reduction in growth hormone (GH) levels and normalisation of insulin-like growth factor 1 (IGF-1) concentrations in female acromegalic patients may possibly restore fertility. Female patients of child-bearing potential should be advised to use appropriate contraception if necessary during treatment with octreotide (see "Pregnancy/Breast-feeding").

Thyroid function should be monitored in patients receiving long-term treatment with octreotide.

Cardiovascular events

There have been uncommon reports of bradycardia. Dose adjustment may be necessary for drugs such as beta blockers, calcium channel blockers or other agents used to control the electrolyte and fluid balance.

Gallbladder and gallbladder-related events

The formation of gallstones (cholelithiasis) is very common during treatment with Sandostatín. Gallstones may also occur in conjunction with inflammation of the gallbladder (cholecystitis) and dilatation of the biliary tract (see "Adverse effects"). Gallbladder ultrasonography is therefore recommended both before beginning treatment with Sandostatín and at approximately 6 to 12 month intervals during the course of such treatment.

GEP endocrine tumours

There may be rare instances of a sudden loss of symptomatic control with recurrence of severe symptoms in patients with GEP (gastroenteropancreatic) endocrine tumours receiving Sandostatín.

Glucose metabolism

Octreotide may exacerbate and prolong hypoglycaemic episodes in patients with insulinoma because it inhibits GH and glucagon secretion more potently than insulin secretion

and for a greater length of time. Such patients require particularly close monitoring at the start of Sandostatín treatment and whenever the dose is changed. Marked fluctuations in blood glucose may be controlled by more frequent injections with smaller doses.

Sandostatín may reduce the insulin requirements of patients with type I (insulin-dependent) diabetes. Hypoglycaemia was reported. Sandostatín can cause a postprandial rise in blood sugar in non-diabetics and in type II diabetics with partially intact insulin reserves. It is therefore recommended to monitor blood sugar levels accordingly and to adjust anti-diabetic therapy, if required.

Oesophageal varices

Episodes of bleeding secondary to oesophageal varices are associated with an increased risk of insulin-dependent diabetes or changes in the insulin requirement of patients with existing type I diabetes. Appropriate monitoring of blood glucose levels is therefore necessary.

Nutrition

Octreotide may alter the absorption of dietary fats in some patients. Depressed vitamin B12 blood levels and abnormal Schilling's test results have been observed in some patients receiving octreotide therapy. Monitoring of vitamin B12 blood levels is recommended during therapy with Sandostatín in patients with a history of vitamin B12 deficiency.

Interactions

Pharmacokinetic interactions

Octreotide has been found to reduce the intestinal absorption of ciclosporin and to slow that of cimetidine. Co-administration of octreotide and bromocriptine increases the availability of bromocriptine. A limited amount of published data indicates that somatostatin analogues might reduce the metabolic clearance of substances metabolised by cytochrome P450 enzymes. This is attributed to the suppression of growth hormones. As it cannot be ruled out that octreotide might also have such an effect, caution is indicated when using other drugs that are principally metabolised by CYP3A4 and have a narrow therapeutic index (e.g. quinine, terfenadine).

Pharmacodynamic interactions
Dose adjustment of medicines such as beta blockers, calcium channel blockers or agents to control fluid and electrolyte balance may be necessary when Sandostatín is co-administered (see "Warnings and precautions"). Dose adjustments of insulin and anti-diabetic medicines may be required when Sandostatín is co-administered (see "Warnings and precautions").

Gastrointestinal disorders and nutrition
In rare instances, gastrointestinal adverse effects may resemble acute intestinal obstruction with progressive abdominal distension, severe epigastric pain and painful abdominal tenderness.

Faecal fat excretion may increase, but even with long-term octreotide therapy there is no evidence to date that this results in nutritional deficiency due to malabsorption. Gastrointestinal adverse effects can be attenuated by allowing as long an interval as possible between administration and mealtimes, i.e. by giving injections between meals or at bedtime.

Pregnancy/Breast-feeding

Pregnancy

Animal studies with octreotide have not shown reproductive toxicological effects, apart from transient delayed growth of offspring (see "Preclinical data").

There are no adequate and well-controlled studies in pregnant women. In the post-marketing period, there have been a limited number of reports concerning female acromegaly patients who were pregnant and received octreotide, but pregnancy outcomes are unknown in half of these cases. Most of the patients received octreotide during the first trimester of pregnancy at doses ranging from 100 to 300 µg Sandostatín s.c. daily or 20 to 30 mg Sandostatín LAR per month. In approximately two-thirds of the cases of pregnancies with known outcome, the women chose to continue octreotide therapy during their pregnancies. Normal newborns were reported in most of the cases with known outcome, but some spontaneous abortions during the first trimester were also reported. Congenital abnormalities or malformations were not observed. Sandostatín should only be prescribed to pregnant woman if absolutely necessary.

Pancreatitis

In very rare cases, acute pancreatitis has been reported after the first few hours or days of treatment with Sandostatín. It has resolved again on withdrawal of treatment. In addition, cholelithiasis-induced pancreatitis has been reported in patients receiving long-term treatment with Sandostatín.

Cardiac disorders
Bradycardia is a common adverse effect of somatostatin analogue treatment. ECG changes – such as QT prolongation, axis shifts, early repolarisation, low voltage, R/S transition, early R wave progression and non-specific ST-T wave changes – were observed in acromegalic and carcinoid patients. The relationship of these events to octreotide has not been definitively established because many of the patients in question had underlying heart disease (see "Warnings and Precautions").

Breast-feeding

It is not known whether octreotide is excreted in human milk. Animal studies have shown excretion of octreotide in the breast milk. Women should not breast-feed while undergoing treatment with Sandostatín.

Fertility

It is not known whether octreotide has an effect on human fertility. Octreotide did not impair fertility in male and female rats at doses of up to 1 mg/kg body weight per day (see "Preclinical data").

Effects on the ability to drive and to use machines

No data are available on the effect of Sandostatín on the ability to drive and to use machines.

Adverse effects

In clinical studies, the most commonly reported adverse effects following administration of octreotide were diarrhoea, abdominal pain, nausea, flatulence, headache, cholelithiasis, hyperglycaemia and constipation.

Gastrointestinal disorders and nutrition
In rare instances, gastrointestinal adverse effects may resemble acute intestinal obstruction with progressive abdominal distension, severe epigastric pain and painful abdominal tenderness. Faecal fat excretion may increase, but even with long-term octreotide therapy there is no evidence to date that this results in nutritional deficiency due to malabsorption. Gastrointestinal adverse effects can be attenuated by allowing as long an interval as possible between administration and mealtimes, i.e. by giving injections between meals or at bedtime.

Gallbladder and gallbladder-related events
Somatostatin analogues inhibit gallbladder contractility and decrease bile secretion, which may lead to gallbladder abnormalities or

the formation of biliary sludge. The incidence of gallstone formation during treatment with Sandostatín is estimated to be 15-30%. This value is 5-20% in the general population. Gallstones in patients treated with Sandostatín are largely asymptomatic; symptomatic stones should either be treated by litholysis therapy with bile acids or surgically removed.

Immune system disorders
Not known: Hypersensitivity reactions (including anaphylactoid reactions).

Endocrine disorders

Common: Hypothyroidism, thyroid dysfunction (e.g. decreased TSH, decreased total T4 and decreased free T4).

Metabolism and nutrition disorders
Very common: Hyperglycaemia (10.8%).

Common: Hypoglycaemia, impaired glucose tolerance, decreased appetite.

Uncommon: Dehydration.

Nervous system disorders
Very common: Headache (12.4%).

Common: Dizziness.

Cardiac disorders
Common: Bradycardia.

Uncommon: Tachycardia.

Not known: Arrhythmias.

Respiratory, thoracic and mediastinal disorders
Common: Dyspnoea.

Gastrointestinal disorders

Very common: Diarrhoea (26.1%), abdominal pain (24.2%), nausea (14.3%), flatulence (14.2%), constipation (12.7%).

Common: Dyspepsia, vomiting, abdominal distension, steatorrhoea, discoloured faeces.

Unknown: acute pancreatitis

Hepatobiliary disorders

Very common: Cholelithiasis (12.0%).

Common: Increased transaminases, hyperbilirubinaemia, cholecystitis.

Not known: Increased blood alkaline phosphatase, increased gamma glutamyl transferase, jaundice, cholestasis, cholestatic jaundice, cholestatic hepatitis, acute hepatitis with cholestasis.

Skin and subcutaneous tissue disorders

Common: Pruritus, skin rash, alopecia.

Not known: Urticaria.

General disorders and administration site conditions

Very common: Injection site reactions (10 to 30% depending on the dose and injection interval, e.g. pain, paraesthesia, erythema).

Common: Asthenia

Overdose

A limited number of accidental overdoses of Sandostatín have been reported in adults and children. In adults, the doses ranged from 2,400 to 6,000 µg/day, administered by continuous infusion (100 to 250 µg/hour) or subcutaneously (1,500 µg t.i.d.). The symptoms reported were arrhythmia, hypotension, cardiac arrest, brain hypoxia, pancreatitis, hepatitis steatosis, diarrhoea, weakness, lethargy, weight loss, hepatomegaly and lactic acidosis.

In children, the doses ranged from 50 to 3,000 µg/day, administered by continuous infusion (2.1 to 500 µg/hour) or subcutaneously (50 to 100 µg). Mild hyperglycaemia was the only reported adverse effect.

Blood and lymphatic system disorders
Not known: Thrombocytopenia.

ported in cancer patients receiving s.c. doses of 3,000 to 30,000 µg Sandostatín per day in divided doses.

Treatment

The management of overdosage is symptomatic.

Properties/Actions

ATC code: H01CB02

Mechanism of action/Pharmacodynamics
Sandostatín is a synthetic octapeptide derivative of naturally occurring somatostatin, with similar pharmacological effects but a considerably longer duration of action. It inhibits the pathologically increased secretion of growth hormone (GH) and of peptide hormones of the gastroenteropancreatic (GEP) endocrine system.

In animals, octreotide is a more potent inhibitor of GH, glucagon and insulin release than somatostatin is, with greater selectivity for GH and glucagon suppression.

In *healthy volunteers* Sandostatín has been shown to inhibit:

- GH release in response to arginine, exercise, or insulin-induced hypoglycaemia.
- postprandial release of insulin, glucagon, gastrin and other peptides of the GEP system and the secretion of insulin and glucagon in response to arginine.
- release of thyroid-stimulating hormone (TSH) in response to thyrotropin-releasing hormone (TRH).

In contrast to somatostatin, octreotide inhibits GH secretion preferentially over insulin and does not cause rebound hypersecretion of hormones (e.g. GH in acromegalic patients).

In acromegalic patients, Sandostatín lowers plasma levels of GH and IGF-1. These levels fall by 50% or more in up to 90% of patients, with a reduction in serum GH to < 5 ng/ml in about half of the cases.

In most patients, there is a marked improvement in clinical manifestations such as headache, skin and soft tissue swelling, hyperhidrosis, arthralgia and paraesthesia. In patients with a large pituitary adenoma, Sandostatín treatment may result in a degree of tumour shrinkage.

In *patients with functional tumours of the GEP endocrine system*, Sandostatín exerts a beneficial effect on various clinical features by virtue of its wide spectrum of endocrine activity. Sandostatín may bring about appreciable improvement in patients who, despite other treatment (surgery, hepatic artery embolisation, chemotherapy (e.g. streptozocin or 5-fluorouracil)), suffer from severe tumour-related symptoms.

Insulinomas

Although Sandostatín causes a reduction in circulating immunoreactive insulin, this effect is normally of short duration (approx. 2 hours). In patients with operable tumours, Sandostatín may be given pre-operatively to help achieve and maintain normoglycaemia. Sandostatín may bring about an improvement in blood-sugar regulation in a limited number of patients with inoperable benign or malignant tumours, and diarrhoea. In some cases, there may also be a fall in plasma serotonin and reduced urinary excretion of 5-hydroxyindole acetic acid.

Effects of Sandostatín on different types of tumours
Carcinoid tumours
Use of Sandostatín may bring about an improvement in symptoms, in particular flush and diarrhoea. In some cases, there may also be a fall in plasma serotonin and reduced urinary excretion of 5-hydroxyindole acetic acid. It is recommended that treatment be discontinued after one week if there is a lack of therapeutic efficacy.

VIPOmas
The biochemical feature of these tumours is overproduction of vasoactive intestinal peptide (VIP). The condition, which is characterised by severe secretory diarrhoea, is relieved in most cases by treatment with Sandostatín with consequent improvement in quality of life. Fluid and electrolyte disturbances (e.g. hypokalaemia) associated with this diarrhoea also improve, so that enteral and parenteral fluid and electrolyte replacement can be withdrawn. CT scan has indicated slowing or arrest of tumour growth – or even shrinkage – in some patients, particularly those with liver metastases. Clinical improvement is usually accompanied by reduction – or even normalisation – of plasma VIP levels.

Glucagonomas
In most cases, there is substantial improvement in the necrotic migratory rash which is characteristic of this condition. Sandostatín has little effect on the slight diabetes mellitus to which glucagonoma patients are prone, and there is normally no reduction in the required dosage of insulin or oral hypoglycaemic agents. Diarrhoea, where present, responds, resulting in weight gain. Sandostatín frequently brings about an immediate reduction in plasma glucagon. This effect is not sustained as treatment continues, although symptoms continue to improve.

GRFomas
This is a rare type of tumour that produces growth-hormone-releasing factor (GRF) alone or in conjunction with other biologically active peptides. In one of two cases studied, Sandostatín treatment resulted in clinical improvement of the resulting symptoms of acromegaly. This effect is probably due to reduced production of GRF and inhibition of GH secretion, possibly accompanied by a reduction in the size of the enlarged pituitary gland.

Complications following pancreatic surgery

In patients undergoing pancreatic surgery, peri- and post-operative Sandostatín reduces the incidence of typical post-operative complications (e.g. pancreatic fistula, abscess followed by sepsis, acute post-operative pancreatitis).

Bleeding gastro-oesophageal varices

A clinical study has shown that use of Sandostatín in combination with sclerotherapy in the management of bleeding gastro-oesophageal varices secondary to cirrhosis resulted in improved control of bleeding and of early rebleeding, a reduction in transfusion requirements and an increase in the rate of survival at day 5. The precise mechanism of action of Sandostatín in this indication remains unclear, although it has been suggested that Sandostatín may inhibit splanchnic blood flow by inhibiting vasoactive hormones such as VIP and glucagon.

Pharmacokinetics

Absorption

Octreotide is rapidly and completely absorbed after s.c. injection. Peak plasma concentrations are reached within 30 minutes.

Distribution

The volume of distribution is 0.27 litres/kg and the total body clearance is 160 ml/minute. Plasma protein binding is 65%. The amount of octreotide bound to blood cells is very small.

Elimination

The elimination half-life after s.c. administration is 100 minutes. After i.v. injection, the elimination is biphasic, with half-lives of 10 and 90 minutes. Most of the peptide is eliminated via the faeces, while approximately 32% is excreted unchanged into the urine.

Pharmacokinetics in special populations

Renal impairment: Renal impairment had no effect on total exposure (AUC) to subcutaneously administered octreotide.

Hepatic impairment: Cirrhosis of the liver, but not fatty liver, is associated with a 30% reduction in octreotide elimination.

Preclinical data

Mutagenicity

Octreotide and/or its metabolites did not display any mutagenic potential *in vitro*.

In vivo studies did not show any clastogenic activity in the bone marrow of mice treated with octreotide i.v. (micronucleus test) or any

evidence of genotoxicity in male mice (DNA assay).

Carcinogenicity/chronic toxicity

In rats, local tumours were observed at the injection site, a species-specific reaction. They were attributed to disordered fibroplasia produced by sustained irritant effects at the injection sites and exacerbated by the vehicle. Endometrial adenocarcinomas were reported in a carcinogenicity study in rats. The available data clearly indicate that the findings of endocrine-mediated tumours in rats are species-specific and are not relevant for the use of the drug in humans.

Reproductive toxicity

Reproductive and development toxicity studies have been performed in rats and rabbits at doses of up to 1 mg/kg body weight per day. Octreotide did not impair fertility in male and female rats. There was no evidence of teratogenic, embryofetal or other reproduction effects due to octreotide. Some delay in the physiological growth was noted in the offspring of rats which was transient and most likely attributable to GH inhibition brought about by excessive pharmacodynamic activity. In pre- and post-natal development studies, late testicular descent was observed in male offspring of maternal animals treated during pregnancy and lactation. However, the fertility of the F1 offspring was normal. It is assumed that these observations concerning inhibited growth are caused by octreotide.

Other information

Note

Keep out of the reach of children.

Shelf life

Do not use after the expiry date (= EXP) printed on the pack.

Special precautions for storage

Store in a refrigerator (2 to 8°C). Do not freeze. Protect from light.

For day-to-day use, the ampoules and vials may be stored for up to 2 weeks at temperatures not above 30°C and 25°C, respectively.

Instructions for use and handling

S.c. administration: The doctor or healthcare professional must give precise instructions to patients who will be administering the drug to themselves by s.c. injection. To reduce injection site pain, it is recommended that the solution for injection be allowed to reach room temperature. Repeated injection at short intervals at the same site should be avoided.

Ampoules should not be opened until immediately prior to use. Any remaining solution which is not needed should be discarded. To avoid contamination, it is recommended that the cap of multiple-dose containers should not be pierced more than 10 times.

I.v. infusion: Parenteral drugs should be visually examined for discoloration and particulate matter prior to administration.

Sandostatín (octreotide acetate) remains physically and chemically stable for 24 hours in sterile physiological saline or a sterile 5% dextrose solution (glucose). Nevertheless, the use of physiological saline rather than glucose is recommended because Sandostatín can influence glucose homeostasis. The diluted solutions remain physically and chemically stable for 24 hours at temperatures below 25°C, but they should be used immediately for reasons of microbial purity. The user must store the solution at 2 to 8°C if it is not used immediately. The solution must be allowed to reach room temperature before administration. The total time between reconstitution, dilution with infusion media, storage in a refrigerator and completion of administration must not exceed 24 hours.

In cases where Sandostatín is administered intravenously, the contents of one 0.5 mg ampoule are normally dissolved in 60 ml physiological saline and the resulting solution is infused using an infusion pump. This procedure is maintained until the end of the prescribed duration of treatment. Sandostatín has also been infused at lower concentrations.

Pack sizes

1 ml ampoules: Packs containing five 0.05 mg/ml ampoules.

1 ml ampoules: Packs containing five 0.1 mg/ml ampoules.

1 ml ampoules: Packs containing five 0.5 mg/ml ampoules.

5 ml vials containing 0.2 mg/ml: Packs of 1 vial.

Not All Pack Sizes are Marketed

Manufacturer:

Novartis Pharma Stein AG, Stein, Switzerland
for Nov